



Flower pot luck

The Eva Solo Flower Pot mimics Mother Nature by drawing water up to plants or herbs in a vase from a water reservoir below via a few nylon threads (working as faux roots). You'll know when it's time to refill this self-watering flowerpot simply by peeking at the water level in the lower container.

◀ \$52.50, delight.com



Eat, drink and

Make sure your guests at your holiday cocktail party have a glass of water or wine. **\$9, crateandbarrel.com**



Clean Eating loves

Cross a slew of names off your shopping list this festive season thanks to a few finds that have made their way onto our editors' wish lists.

Rock it ▶

Instead of placing Aunt Faye's homemade apple pie (a CE-approved recipe, of course!) on any old plate at your holiday dinner, show your appreciation by presenting it on the River Stones Platter by Riccardo Marzi. Made in Italy from natural stones and food-safe resin, the serving piece will make any fare look as though it's floating on a riverbed. **\$150, momastore.org**



On the flip side ▶

With the Swissmar Spachello Slice and Spread you can cut a whole-wheat baguette with the serrated stainless-steel knife on one side and spread on Dijon mustard or unsalted nut butter with the silicone spatula on the opposite side. **\$25, gracioushome.com**



Quantity conundrum

What's larger: a dash or a pinch? Instead of guessing your way through your next recipe, pick up these Mini Measuring Spoons. **\$5, themut.com**



Bedside beverage

Carafes no longer need to be relegated to the dining room. Bring their beauty into the boudoir for bedtime water sipping with this Bedside Carafe pitcher and six-ounce tumbler made from handblown glass. \$20, crateandbarrel.com



Scent of a candle

Mask strong food scents and dress your festive table with the help of a handcrafted all-natural Organic Soywax Candle from Pharmacopia, made with essential oils, cotton wicks and reusable glass containers. \$20, skinbotanica.com



CE Give-Away

Be one of the first 10 readers to send in a clean recipe of your own creation to editorial@cleaneatingmag.com (subject line: CE Giveaway) to win a free Pharmacopia Organic Ginger Soy Votive bursting with scents of ginger, lemongrass, tangerine and cinnamon. Enjoy it yourself or regift it as a stocking stuffer this season – we won't tell!

Editors' Choice

Home for herbs

If your store-bought parsley, sage and thyme spoil and brown before you have a chance to use them, store them in the Cuisipro Herb Keeper. The perforated tray allows stems to be hydrated in water and can be lifted easily for drainage and herb removal. \$20, cuisiprousa.com



Not just a pretty face

Not only do the clean lines and stylish design of the Tripod Trivet by Alessi make it a perfect kitchen adornment to be hung from any hook or displayed across your countertop, it will also protect your table from hot dishes and cookware of any size. \$48, momastore.org



Puttin' on the spritz

The quick rinse under cold water that you give your fresh produce may still leave contaminants behind. Enter Eat Cleaner All Natural Food Washes. Spritz generously onto uncooked fruit and vegetables or seafood and poultry, then rinse thoroughly with water to remove 99.9 percent of surface contaminants, pesticides, waxes and debris that can carry bacteria and food-borne illness such as E. coli and salmonella. \$3.39 to 5.69, eatcleaner.com



Daily grind

The Bodum Gravity Grinder automatically begins breaking up salt, pepper and spices once tilted toward your plate or bowl. Plus, a rubber exterior means a nonslip grip even if your hands are slick from food prep. Available in two shapes and eight colors. \$30, bodumusa.com



Family Meals: Quick, Easy & Very Low Cost

Clean Eating

Improving your life one meal at a time.

Your Healthy Holiday Feast

Lowest Calorie Menu Ever!

Make These Festive Edible Gifts

56 GREAT FALL RECIPES

SLOW-COOKER MEALS, HEARTY BREAKFASTS

Pomegranate-Glazed Stuffed Roast Turkey

BONUS: Real Christmas Holiday Menu + Make Your Own Gifts E. 10